

DANCE ATTIRE REQUIREMENTS

All Students:

All students must have dancewear that is specifically for dance class, and are not worn outside of movement classes. Clothes that are entirely inappropriate for dance class, such as non-stretch pants with zippers and pockets, stretch pants with zippers and other metallic attachments (e.g. rivets), or sports shorts with baggy T-shirts. No jeans of any kind, including stretch jeans will be permitted.

Hair:

All dancers with shoulder length hair and longer must wear their hair back - no headbands or hats. **Parents:** It is your job to remind your dancers to bring hair elastics to class.

Girls: Preschool & Kindergarten:

Are to wear leotards of any style and color with footless tights or dance leggings. Feet are bare.

Girls: 1 & 2 grades:

Are to wear leotards of any style or color and either footless tights, dance leggings or jazz pants. Feet are bare.

Girls: 3rd grade-high school:

Are to wear leotards or form fitting spaghetti strap (or similar) dance tops (e.g. with lycra) and leggings or footless tights, jazz pants or snug fitting sweat pants. Feet are bare for modern. For street funk 5&6 graders are bare foot, 7th grade- high school wear sneakers.

All Girls:

Can wear form-fitting long sleeve stretch tops over their leotards to stay warm in the colder months (which they can take off as they get warmer in class).

All Boys:

Also must have dancewear separate from school and daily wear. In warmer months they can wear form fitting T-shirts and stretch shorts. In colder months they can wear sweat pants (not too baggy) and long sleeve stretch shirts over t-shirts.

It's important that parents help the dancers remember to pack their dance clothes and hair elastics (and water bottles) each and every week if students are coming straight from school.

For Dancewear, Patterson's (781-273-3089) in Burlington on Rt. 3A will give my students a discount if you tell them you are from The Deborah Abel School of Modern Dance.